

Minimum Requirements for Workplace First Aid Kits and Supplies

Regulatory Items (must have)	Minimum Quantity
First-aid guide	1
Medical exam gloves	2 pairs
Absorbent compress, 32 sq. in. (206 sq. cm.) with no side smaller than 4 in. (10 cm.)	1
Adhesive bandages (band-aids), 1 in. x 3 in. (2.5 cm. x 7.5 cm.)	16
Adhesive tape, 3/8 in. x 2.5 yd. (2.3 m) total	1
Antibiotic treatment, 0.14 oz. (0.5 g)	6
Antiseptic, 0.14 fl. oz. (0.5 g) application	10
Burn treatment, 1/32 oz. (0.9 g) application	6
Sterile pads, 3 in. x 3 in. (7.5 x 7.5 cm.)	4
Triangular bandage, 40 in. x 40 in. x 56 in. (101 cm. x 101 cm. x 142 cm.)	1

Optional Items and sizes may be added to a first-aid kit, based on the specific hazards existing in a particular work environment. Optional items include:

Optional Recommended Items	Recommended Quantity
Bandage compress(es) in sizes: 2 in. x 2 in. (5 cm. x 5 cm.), 3 in. x 3 in. (7.5 cm. x 7.5 cm.), or 4 in. x 4 in. (10 cm. x 10 cm.)	1
Cold pack at least 4 x 5 in. (10 x 12.5 cm.)	1
Eye covering(s)	1
Eye/skin wash, 4 fl. oz. (15 ml.)	1
Roller bandage(s) at least 2 in. (5 cm.) wide and at least 4 yds. (365 cm.) long, unstretched and individually packaged	1
Tweezer (plastic - one time use)	1
First aid medical scissor	1
Fingertip band aids	
Knuckle band aids	